

# Safe



SPORT INTEGRITY  
AUSTRALIA

# and Fair.

# Sport

Activity Book



Sport Integrity Australia works with sports organisations across Australia to help them make sport a safe place where children can have fun and do their best.

To do this we provide education courses, support and practical tools to help sports clubs, parents and caregivers too.

For more information visit  
**[www.sportintegrity.gov.au](http://www.sportintegrity.gov.au)**



SPORT INTEGRITY  
AUSTRALIA

# Safe and Fair Sport

Activity Book



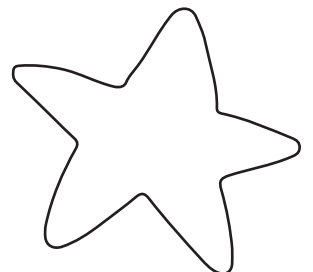
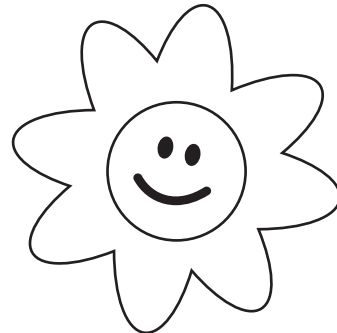
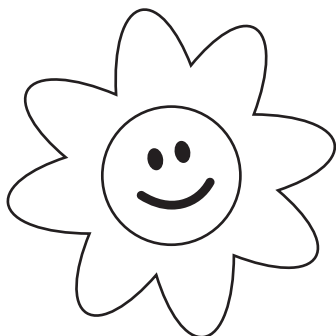
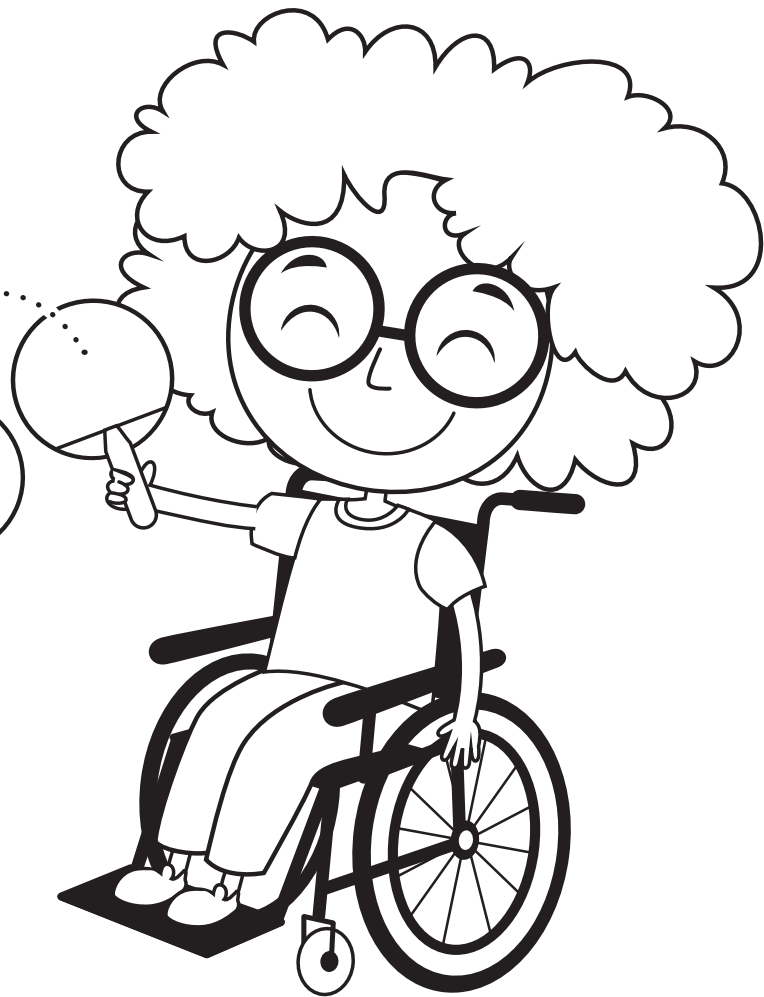
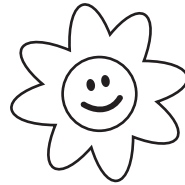
# Safe and fair sport for everyone!

That means we...

**Welcome everyone**

**Celebrate our differences**

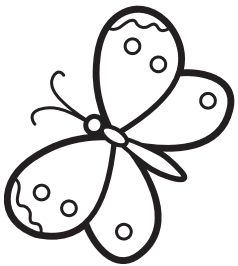
**Play by the rules**





# Find a word

a	p	c	o	a	c	h	x	e
p	r	o	u	d	e	h	p	v
e	r	i	a	f	t	o	r	i
r	p	o	m	m	e	n	o	s
a	l	y	a	r	p	e	t	u
s	a	f	e	u	m	s	e	l
r	y	e	t	l	o	t	c	c
r	e	s	p	e	c	t	t	n
t	r	o	p	s	n	u	f	i



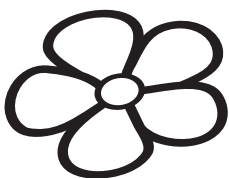
Circle the words  
(or colour them in)  
and cross them out  
in the list.

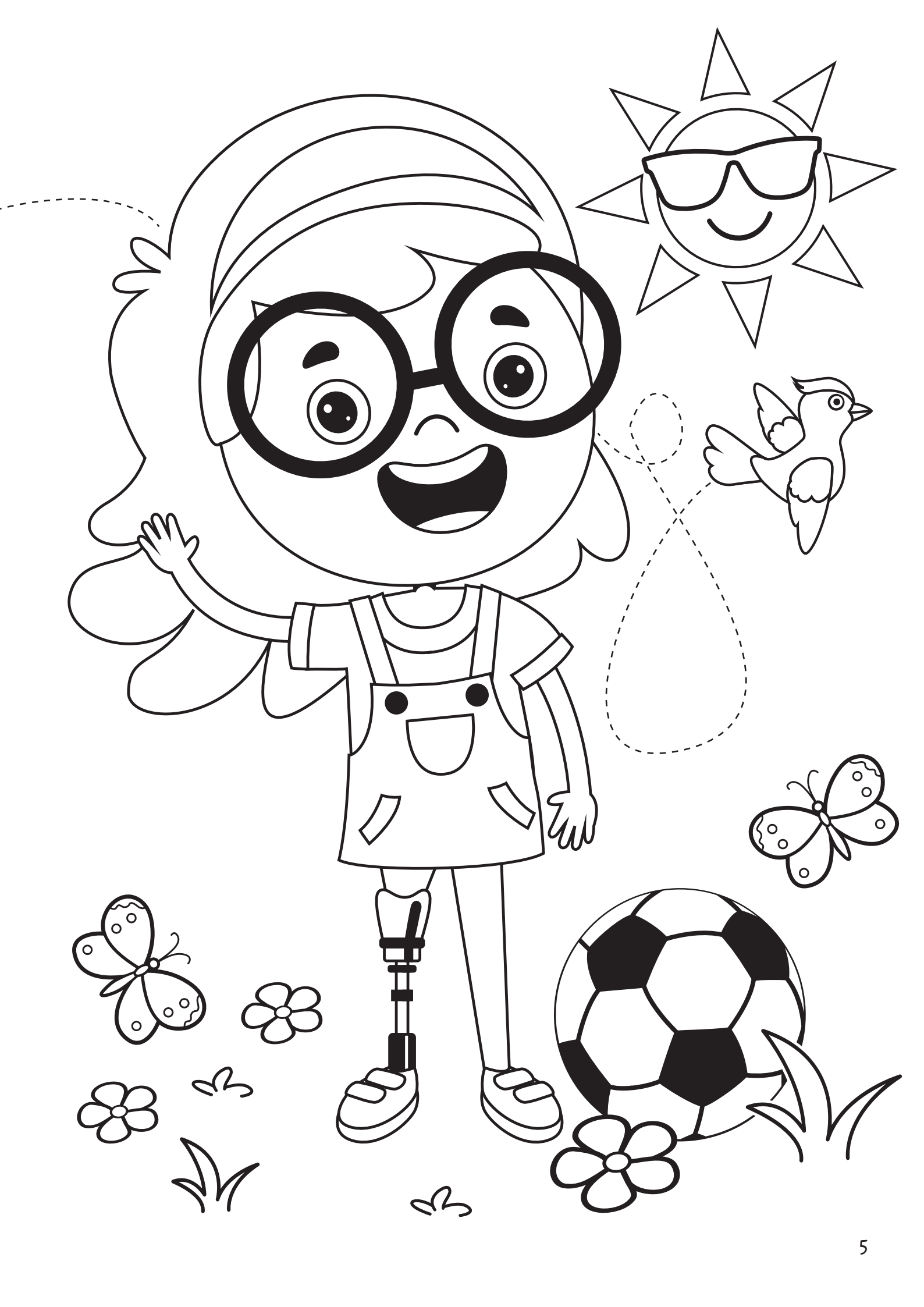
Words might be forwards,  
backwards, or up or down.

honest  
fair  
team  
protect  
coach

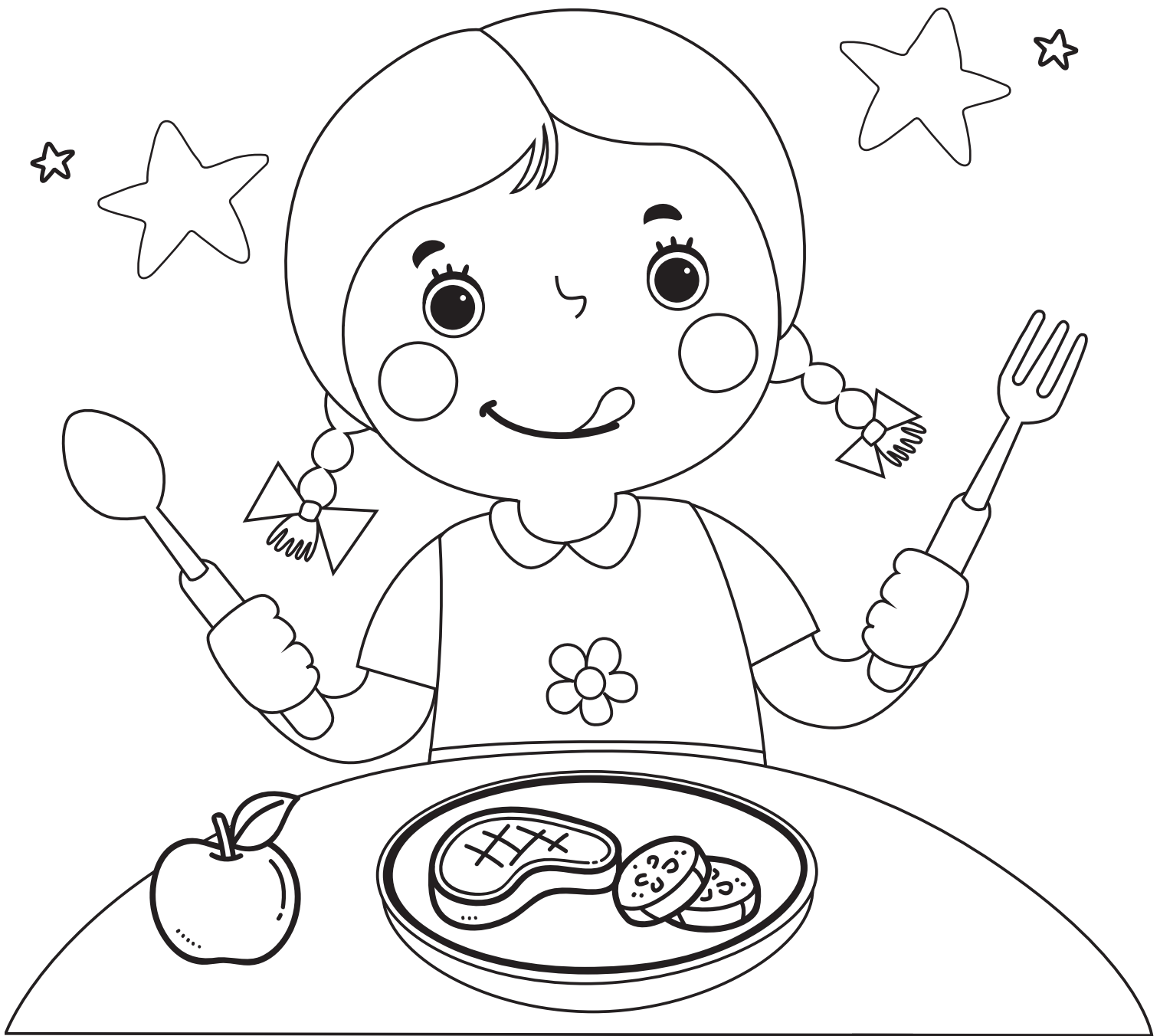
rules  
proud  
sport  
respect

safe  
fun  
player  
inclusive



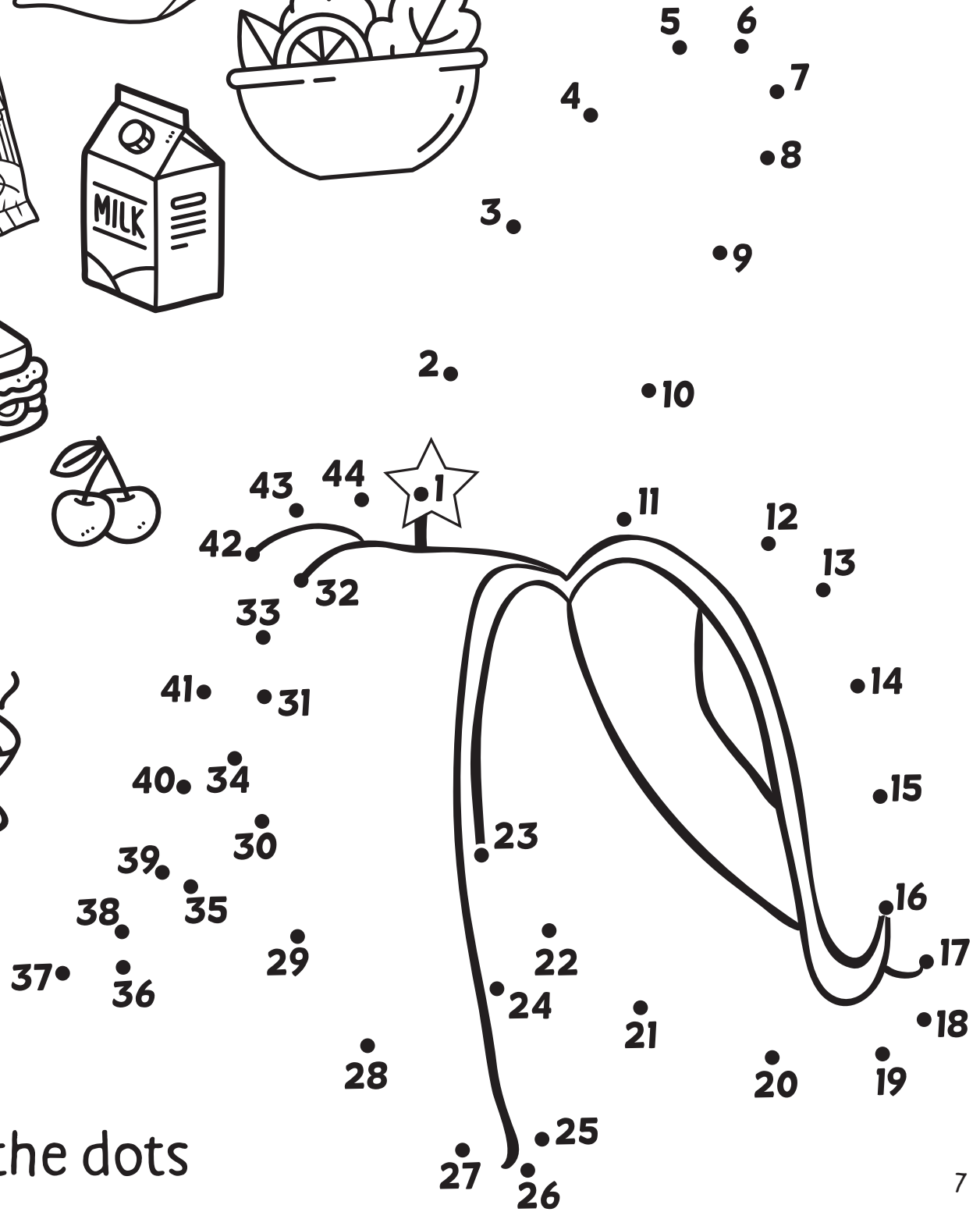
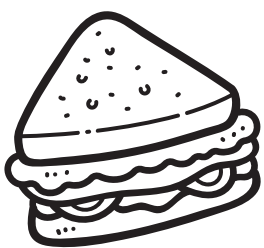
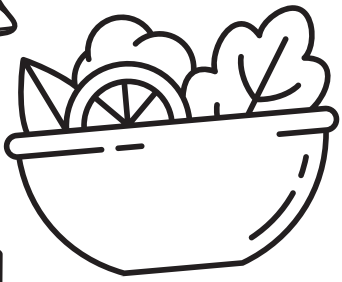
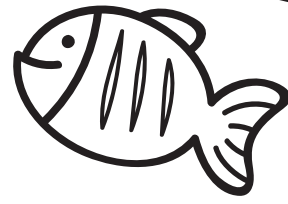
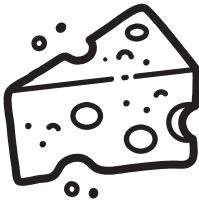
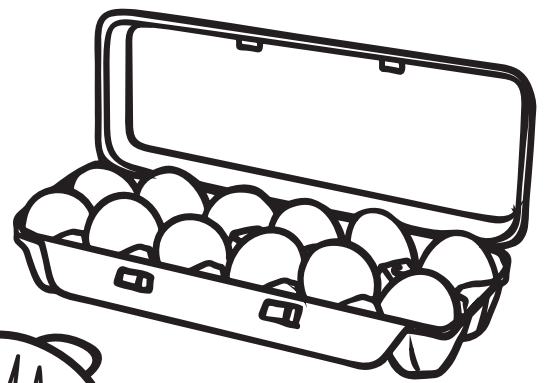
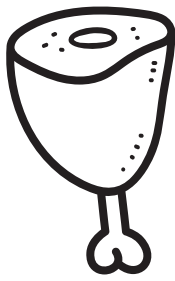
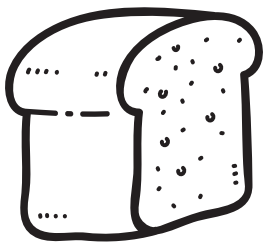


# Get your energy from healthy food!



yum yum yum





Join the dots

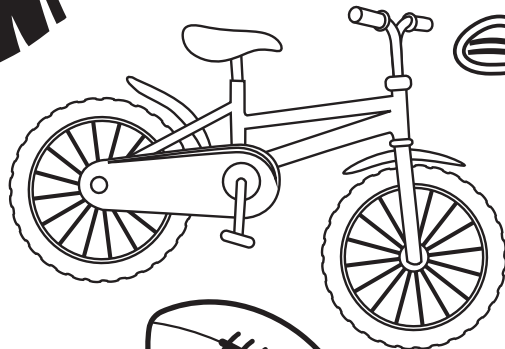
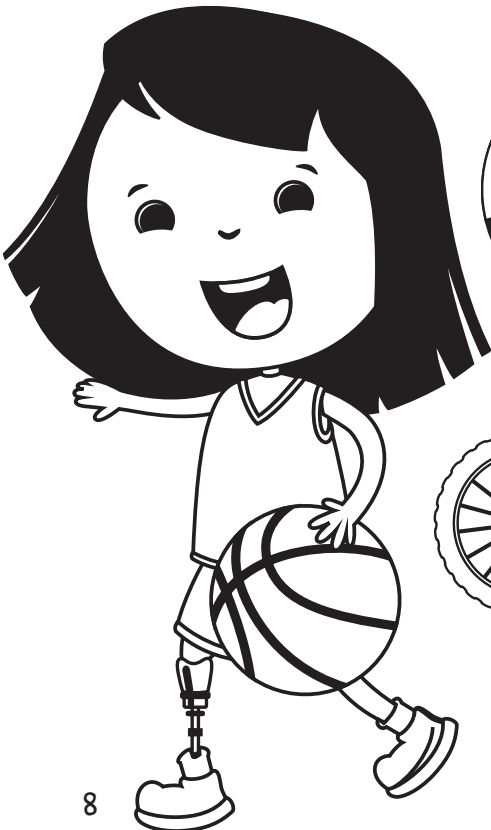
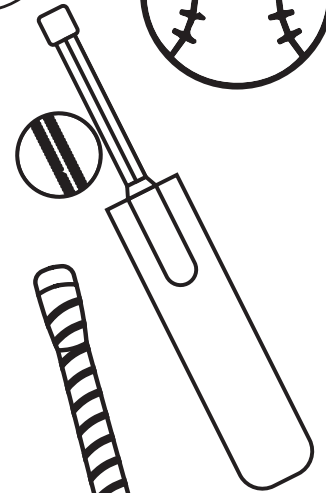
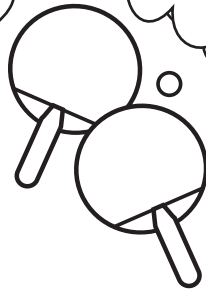
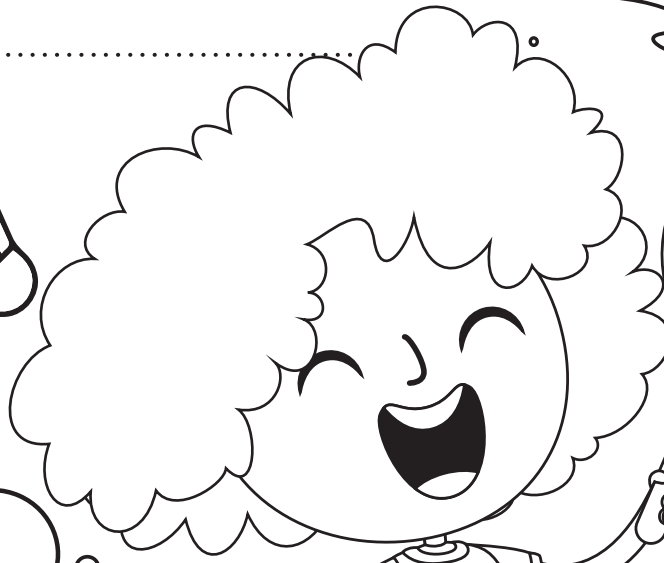
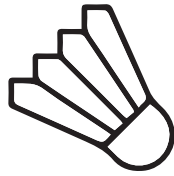
# There is a sport for everyone!

What is your favourite sport?

.....

How many pieces of sporting equipment can you see?

.....



# Word reveal

Answer each question using the words provided and write the first letter of each answer in the boxes below to reveal the secret word!

swim  
exercise  
rules  
energy  
practice  
team  
coach

1. When I play sport I follow the \_\_\_\_\_ so it's fair for everyone.
2. I go for a run to get some \_\_\_\_\_.
3. In summer I get my exercise by going to the beach for a \_\_\_\_\_.
4. I \_\_\_\_\_ my skills at training so I can improve.
5. Before my game I eat a banana for some \_\_\_\_\_.
6. At training I listen to my \_\_\_\_\_ to help me learn.
7. I make new friends and have fun when I'm part of a \_\_\_\_\_.

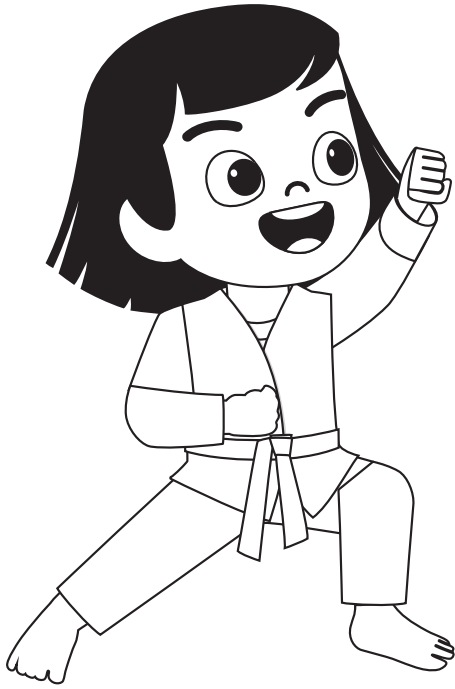
1.      2.      3.      4.      5.      6.      7.

--	--	--	--	--	--	--



# Everyone should be able to enjoy their sport!

Read each story and colour the faces to show how you think the people are feeling.



A man on the sideline of a soccer match is screaming at the referee telling her she's terrible.

**How do you think the referee is feeling?**



At a basketball game someone's dad is clapping and cheering the whole team encouraging them and saying how well they're all doing.

**How do you think the players are feeling?**



Coach grabbed Sally by the shirt and dragged her off the volleyball court roughly to talk to her on the sideline.

**How do you think Sally is feeling?**



Lucy is yelling at Luke on the tennis court telling him he's no good at tennis and she wishes she had a different tennis partner.

**How do you think Luke is feeling?**



Corey has just moved to a new town and found out they have wheelchair rugby! Plus, his school friends all want to go and watch to cheer him on.

**How do you think that makes Corey feel?**

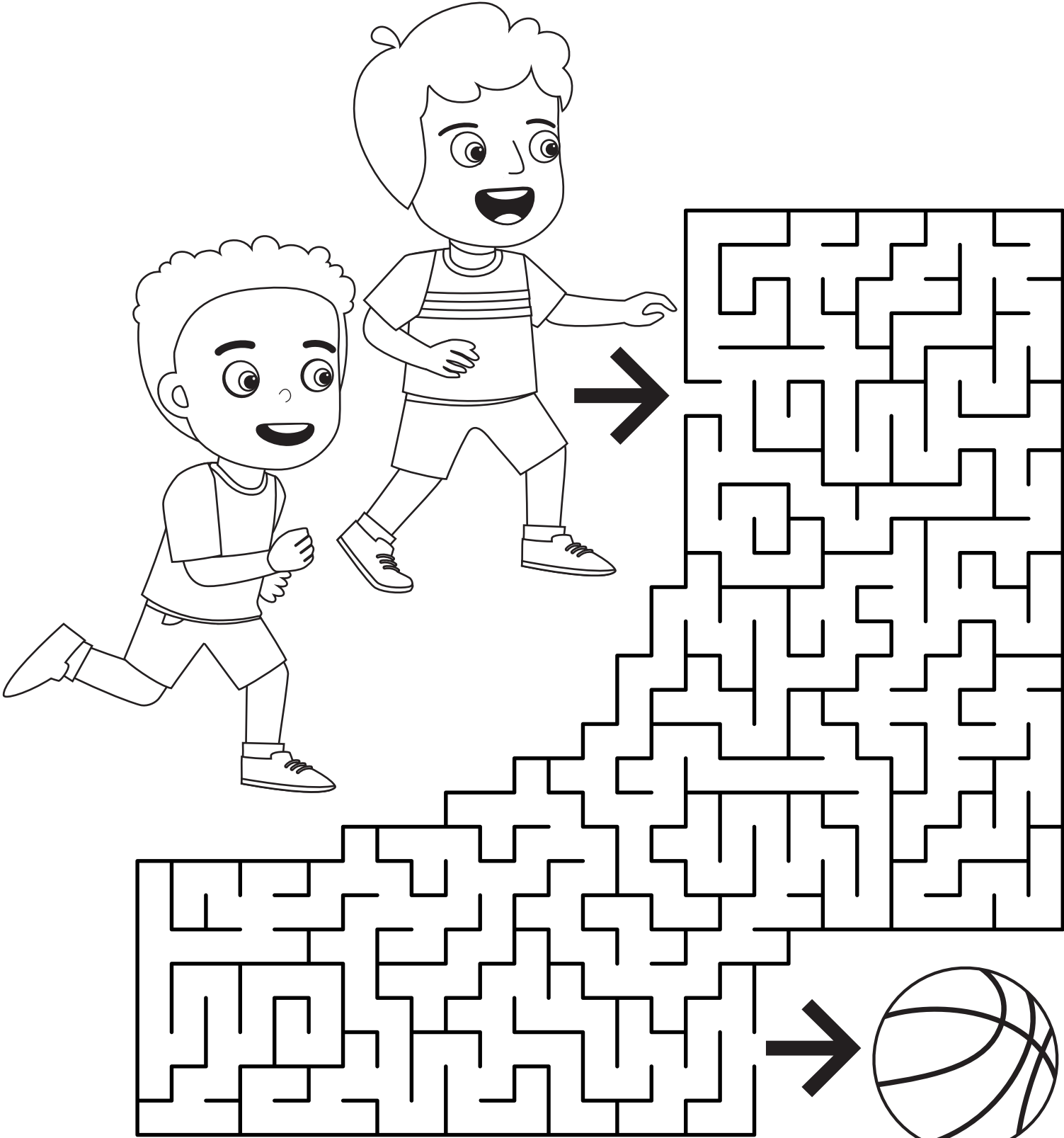


Melissa cheated by changing the scores on her team's golf scorecard so they could win.

**How do you think that would make other teams feel if they found out?**



Help the kids find their basketball!



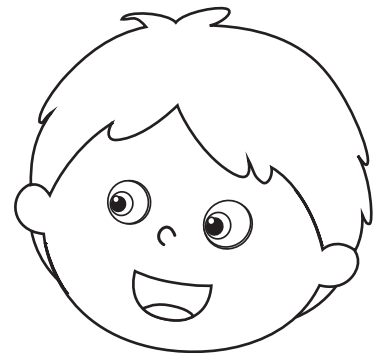
# Word bank

Fill in the blanks using the word bank to help you.

Use each word only once.

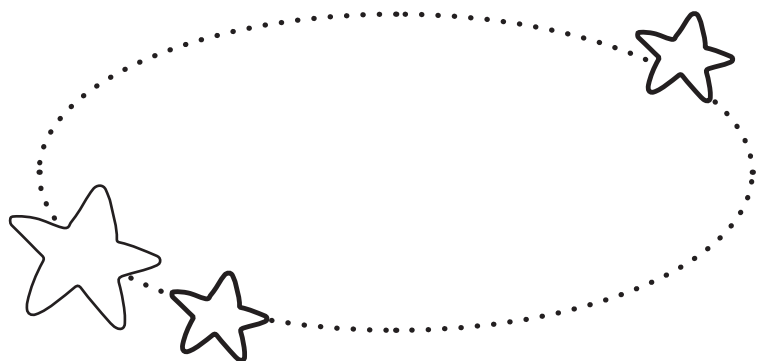


**rules speak fairly safe listen**



1. When you play sport you have the right to feel \_\_\_\_\_ , happy and respected.
2. Sports have \_\_\_\_\_ to make sure everyone is safe and treated fairly.
3. Rules make sure you are treated \_\_\_\_\_ no matter who you are or where you come from.
4. You have the right to \_\_\_\_\_ up about anything that makes you feel unsafe or unhappy.
5. There are rules to make sure adults will \_\_\_\_\_ to you and take what you say seriously.

Who can you talk to if someone makes you feel unsafe or unhappy?



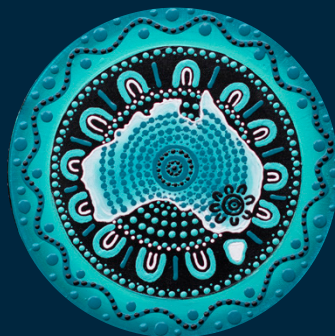


## ACKNOWLEDGEMENT OF COUNTRY

In the spirit of reconciliation we acknowledge the Traditional Custodians of Country throughout Australia and their connections to land, sea and community.

We pay our respect to their Elders past, present and future and extend that respect to all Aboriginal and Torres Strait Islander peoples.

We recognise the outstanding contribution Aboriginal and Torres Strait Islander peoples make to sport in Australia and celebrate the power of sport to promote reconciliation and reduce inequality.



**SPORT INTEGRITY  
AUSTRALIA**

[www.sportintegrity.gov.au](http://www.sportintegrity.gov.au)